

Occupational Health Services

Personal Medical Services

PROGRAM	OVERVIEW	ELIGIBILITY EXCEPTIONS
Voluntary Preventive Wellness Examination with INL Provider	Wellness examination and medical testing (labs) and immunizations provided (Shingrix, Pneumovax) as determined clinically appropriate at the time of visit.	Available to all employees at the frequency listed below: <ul style="list-style-type: none"> • < 40 yrs. old: Every three years • 40-49 yrs. old: Every two years • 50+ yrs. old: Every year <i>* Employee will receive an email notification in their birthday month to schedule their appointment.</i>
OMP Clinic Acute Care Visit Program	Employees can present for evaluation of personal acute care illness and minor injuries. <ul style="list-style-type: none"> • Strep Test • Flu Test • Urinary Tract Infection Test • Ear Infection • Sinus Infection/Congestion 	Available to BEA employees only. Monday through Thursday Call the closest clinic for an appointment or during drop-in times as posted for each clinic. WCB: 208-526-2195 10:30-11:30 2:30-4:30 CFA: 208-533-2356 10:30-11:30 2:30-4:30 ATR: 208-533-3411 12:30-4:30 SMC: 208-526-6263 12:30-4:30 MFC: 208-533-7210 1:30-3:30 <i>* Employee time, while at medical for personal conditions, should be coded as PL or flexed.</i>
On-site Physical Therapy (PT) Program	Obtain a treatment plan created to help restore function, improve mobility and eliminate pain for both personal and work-related conditions.	Prescriptions or referrals for physical therapy from a health care provider for personal treatments are accepted but not required. First-come, first-served basis To schedule an appointment, call: Willow Creek: 208-526-2195 CFA: 208-533-2356 <i>* Employee time, while seeing the physical therapist for personal conditions, should be coded as PL or flexed.</i>
Perspectives: Employee Assistance Program (EAP)	Supports employees and their families with education and counseling for a wide variety of issues and concerns. Topics such as managing stress, grieving and loss, financial resources, raising teens, caring for elderly parents and handling conflict effectively are a few examples.	All BEA employees, spouses, children and significant others are eligible for counseling services. Contact EAP at 208-526-0218 for an appointment. <i>* Employee time, while seeing EAP for personal non work-related reasons, should be coded as PL or flexed.</i>
Flu Shots/Tdap Immunization Program	<ul style="list-style-type: none"> • Flu shots will be provided typically in the fall, such as mid-October to November. Stop by your nearest OMP clinic after the program announcement each year. • Tdap immunizations are also available year-round. 	Available to all BEA employees at any INL medical clinic.

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<p>Disease Management Program</p>	<p>All programs are provided in conjunction with the employee's primary care provider and include monitoring and limited management of common health conditions</p> <p>High Blood Pressure Management</p> <ul style="list-style-type: none"> Health Station Monitoring (Self-Monitoring Stations) or at any medical clinic <p>Personal Lab Draws</p> <ul style="list-style-type: none"> See list of available labs below <p>Personal Medication Assistance</p> <ul style="list-style-type: none"> Allergy Shots, B12 and other similar injections 	<p>Available to BEA employees only.</p> <p>Monday-Thursday</p> <p>Doctor's order required for blood draws/labs/injections</p> <p>Call the closest clinic for an appointment or during drop-in times as posted for each clinic.</p> <p>WCB: 6-2195 10:30-11:30 2:30-4:30 CFA: 3-2356 10:30-11:30 2:30-4:30 ATR: 3-3411 12:30-4:30 SMC: 6-6263 12:30-4:30 MFC: 3-7210 1:30-3:30</p> <p><i>* Employee time, while at medical for personal conditions, should be coded as PL or flexed.</i></p>
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<p>List of available personal lab draws</p> <ul style="list-style-type: none"> Doctor's order required. Blue Cross Insurance will be billed for lab analysis. Results will be sent directly from Quests Labs to ordering doctor/provider. <ul style="list-style-type: none"> Lipid Panel CBC with Differential C-Reactive Protein (CRP) Hemoglobin A1c Prostate Specific Antigen (PSA) Chem Panel Fasting Glucose Sed Rate Thyroid Panel Urinalysis Complete Vitamin B-12 For other tests or questions, contact your closest medical clinic. <p><i>* Employee time, while at medical for personal conditions, should be coded as PL or flexed.</i></p>
